

Annual Refresher Course

COURSE TITLE **Annual Refresher Course for First Aiders and Emergency First Aiders**

DESCRIPTION

Although it is not mandatory, the HSE strongly recommend that qualified First Aider's and Emergency First Aider's undertake an annual refresher course in order to keep their skills up-to-date and refreshed. It was felt that a 3-year gap between qualification and requalification was too long without any additional training and could lead to skill fade.

DURATION

A minimum of 3 hours, consisting of theoretical and practical activities.

SYLLABUS

A range of subjects is covered including:-

- **Responsibilities**
- **Communication and casualty care**
- **Unconscious casualty**
- **Cardio-Pulmonary Resuscitation (CPR)**
- **Primary Assessment**
- **Chain of survival**
- **Wounds and bleeding**
- **Bandaging and Hygiene control**

CERTIFICATION

A certificate of attendance will be issued.

NUMBERS

A maximum number of 12 students are allowed.

LOCATION

We are able to deliver this course on your site, reducing your costs in respect of additional time out and travelling.



In association with Nuco training HSE approved Training Organisation No: 29/99

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