# 3 Day First Aid at Work Course

# COURSE TITLE 3 Day First Aid at Work Course

# DESCRIPTION

This comprehensive 3-day course covers a wide range of First Aid emergencies, enabling all participants to deal with an emergency situation with confidence in a prompt, safe and effective way. In addition to this, should there have been any change to protocols during their initial qualification, then this will be updated. This course will give the participants a qualification to the highest level of First Aid, meeting the statutory requirements of the Health and Safety (First Aid) Regulations 1981.

# DURATION

A minimum of 18 hours spread over at least 3 days. Ideally, the course should be run over 3 consecutive days, but we have the flexibility to accommodate your specific needs if you so desire.

# SYLLABUS

A range of subjects is covered including:-

Legalities	Responsibilities and repor	ting	Assessment of the situation
Anaphylaxis	Spinal Injuries		Unconscious casualty
Resuscitation	Heart Attacks	Choking	Poisoning
Control of bleeding	Bandaging	Fractures	Burns
Head injuries	Eye injuries	Sprains	Strains
Shock	Asthma	Diabetes	Epilepsy

If you have a specific area of training that is not covered or you require a more in-depth session, then we can accommodate your needs by supplying additional training in that subject.

# CERTIFICATION

Subject to assessment, all participants will be issued a First Aid at Work certificate and a wallet card approved by the Health and Safety Executive for a further 3 years.

# NUMBERS

A maximum number of 12 students are allowed on this course and each participant must be aged 16 and over to obtain the full qualification.

# ASSESSMENT

All students will be assessed by an independent assessor on their ability to act safely, promptly and effectively for a casualty, who is unresponsive, requires CPR and who is injured and bleeding.

# LOCATION

We are able to deliver this course on your site, reducing your costs in respect of additional time out and travelling.



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