# 2 Day First Aid at Work Re-qualification Course

# COURSE TITLE 2 Day First Aid at Work Re-qualification Course

# DESCRIPTION

This comprehensive 2-day course covers a wide range of First Aid emergencies, enabling all participants to deal with an emergency situation with confidence in a prompt, safe and effective way. In addition to this, should there have been any change to protocols during their initial qualification, then this will be updated.

This course will give the participants a qualification to the highest level of First Aid, meeting the statutory requirements of the Health and Safety (First Aid) Regulations 1981.

# DURATION

A minimum of 12 hours spread over at least 2 days. Ideally, the course should be run over 2 consecutive days, but we have the flexibility to accommodate your specific needs if you so desire.

#### SYLLABUS

A range of subjects is covered including:-

Legalities	Responsibilities and reporting	
Dealing with an unconscious casualty		
Heart Attacks	Choking	Poisoning
Bandaging	Fractures	Burns
Eye injuries	Sprains Strains	Shock

Assessment of the situation Resuscitation Control of bleeding Head injuries

# CERTIFICATION

Subject to assessment, all participants will be issued a First Aid at Work certificate and a wallet card approved by the Health and Safety Executive for a further 3 years.

# NUMBERS

A maximum number of 12 students are allowed on this course and each participant must have a valid First Aid at Work qualification that has not lapsed by more than 28 days.

# LOCATION

We are able to deliver this course on your site, reducing your costs in respect of additional time out and travelling.



In association with Nuco training HSE approved Training Organisation No: 29/99

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